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Wednesday, April 1, 2009

Reasons for Divorce

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There are many reasons people **consider divorce**. One of the most common situations is that the two people have grown apart. Sometimes this can happen gently and calmly. Other times it is associated with a lot of resentment, **anger**, and hurt. Fighting is the biggest reason people say they want a divorce. People fight for many reasons -- a different life view, **parenting** disagreements, **money**, wanting different things, or even individual changes. Some **marriages** include mental, **emotional**, or physical **abuse**, which can be a dangerous situation for everyone involved. Living in a **home** where there is **anger** and blame is not usually a comfortable situation.



It's possible to reconnect if you've become strangers to each other or to find ways to solve some of the things you disagree about. **Marriage therapy** can be helpful in getting to the root of what you fight about and in helping you find new ways to relate to each other.

Adultery is usually considered a common **reason for divorce**, but in most cases, **adultery** happens when there is something wrong in the **marriage**. That is not to say the person who has been **cheated on** is at fault; however, there is often a breakdown of the **relationship** (or at least a breakdown from one person's point of view) when one spouse chooses to go outside the **marriage**. **Adultery** causes major trust issues that may be able to be addressed in **therapy** if you want to save the **marriage**. Many couples do manage to repair their **marriage** after an affair.

Money is another big factor in divorce. Couples fight about **money** more than anything else. If you and your spouse have differing ideas about how to use **money** (save versus spend), it can create a huge rift in your marriage. Additionally, couples in **financial trouble** often find that they lash out at each other because the stress of **money problems** can really disrupt a **relationship**. **Financial** and marriage **counseling** can both be useful in this kind of situation.

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Have you recently decided to separate and wondering what to do next? Do you need some unbiased guidance to help you both through this uncertain time? Do you need to know what your options are with your family home? Then you're in the right place. I can help. I am a Real Estate Facilitator and my goal is to make this transition go as smoothly as possible for you and your family.

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