

## THE SUMMIT SCHOOL

*Serving Bright Students with Dyslexia and Other Learning Differences, Grades 1-8*



**Is your child struggling in school?  
WE CAN HELP.**

**The Summit School offers specialized instruction in reading, math and written language.**

*Day School • Tutoring • Diagnostic Testing*

**DROP-IN TOURS: Oct. 19, Nov. 16 and Dec. 7 at 9am**  
Edgewater, MD 410/798-0005 [www.thesummitschool.org](http://www.thesummitschool.org)



## Premier Academy

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[www.premieracademy.net](http://www.premieracademy.net)

920 Governor Bridge Road • Davidsonville

Awaiting MSDE Approval

## Family Resource & Phone Book 2006

Adoption to urgent care and everything in between, this is the essential local family phonebook for parents.

A must-have for every family, full of useful tips, lists of education, health, enrichment and parenting resources and community service phone numbers to help with everyday living.

**If you do business with families, don't be left out of the Family Phone Book.**

**Advertising deadline October 15, 2005**  
**call 410-263-1641 for more information**



NEW & NOTABLE | FROM PAGE 6

## PREGNANCY PLANS

**T**here are few times in a woman's life that are simultaneously as exciting, scary, body-changing, and emotionally roiling as the nine months of pregnancy. While most know that doctors' appointments and a few shopping trips to acquire baby supplies are necessary, fewer consider all the new responsibilities that will face them with the birth of a new child.

Brette McWhorter Sember, a retired attorney, has written a book entitled *Your Practical Pregnancy: Everything You Need to Know About the Legal and Financial Aspects of Planning for Your New Baby* (McGraw-Hill, \$14.95). She offers the following tips for expectant parents:

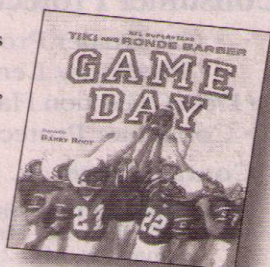
- **Know your rights.** New and expectant parents should educate themselves about informed consent, the rights to refuse treatment and to a second opinion, leave options, The Pregnancy Discrimination Act, newborn screening options, and rights regarding medical records.
- **Create budgets.** Pregnancy is expensive. Besides new wardrobes for baby and mom, there are also costs for medical care, pregnancy books, childbirth classes, and baby equipment. A pregnancy budget will help parents plan for these expenses, while a parenting budget allows new moms and dads anticipate upcoming costs.
- **Plan for the future.** Pregnancy forms the doorway to parenthood. Take time to consider wills, guardians, life insurance and college savings accounts. Although thinking about such things is often unpleasant or inconvenient, there is peace of mind in knowing that your family is protected.
- **Get organized.** Use the seemingly interminable period of pregnancy to get organized. Perform a safety check of the home, including tests for lead paint and radon. Sketch out nursery arrangements



on graph paper before lugging furniture around the room. Sign up for free newsletters and magazines on parenting. Stock the pantry and freezer so that running out of supplies isn't a problem during the baby's first weeks at home.

## THE BARBER TWINS BRING TEAMWORK BACK TO THE FOOTBALL FIELD

**F**ootball season is in high gear now. And, even for those who live for the game, the weekly self-serving antics of the stars can



make a parent feel that televised football has become inappropriate fare for young viewers.

Enter Tiki and Ronde Barber, the 29-year-old twins who play NFL football. For parents seeking decent role models for their football-loving children, these brothers will likely fit the bill. The Barbers have just released their second book entitled *Game Day*. The book is a refreshing look at football, teamwork, and loyalty from the perspective of two brothers playing for the same team. Based on a true story from the Barbers' childhood, the book addresses the issues of one brother receiving all the glory while the other plays an equally important role, but in the background.

Sport-playing kids will likely recognize themselves in this encouraging story as the brothers and their teammates come to recognize the importance of every member of the team. Written for kids ages 6 through 10, the hardback picture book retails for \$16.95 and is available at area bookstores.

*Nina Fisher lives in Annapolis with her husband and two children.*

# The Young School

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1320 Main Chapel Way  
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[www.youngschool.com](http://www.youngschool.com)

## Watch your child soar...



**...where faith, knowledge and the arts join to give children roots to grow and wings to fly.**

## Holy Trinity Episcopal Day School

Preschool through grade 8

Call 301-262-5355

or visit [www.htrinity.org](http://www.htrinity.org).

**Open House November 11**  
9:30am - 11:30am



**Announcing for 2005 Half-Day Preschool**