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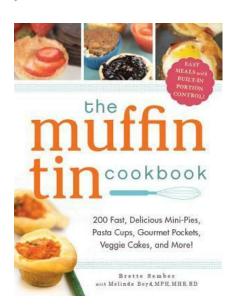
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Wednesday, May 30, 2012

The Muffin Tin Cookbook: They're Not Just for Muffins by Brette Sember Review and Giveaway



The Muffin Tin Cookbook

200 Fast, Delicious Mini-Pies, Pasta Cups, Gourmet Pockets, Veggie Cakes, and More!

> by Brette Sember with Contributor: Melinda Boyd, MPH, MHR RD

Easy and quick inspirational <u>recipes</u> add excitement to your daily cooking routine.



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Have you been looking for some new inspiration in the kitchen? Then I think you may want to give The Muffin Tin Cookbook a try. I was skeptical and not sure how this cookbook would go over with me considering the theme. So what better way to review it than to read it from front to back and then grab a few recipes to try out. The Muffin Tin Cookbook includes 200 recipes that can be prepared using muffin tins.

The Muffin Tin Cookbook is broken down into 9 chapters from Appetizers and Snacks to Desserts. Each individual recipe has a little icon next to it letting you know which size muffin pan is required for that particular recipe. Some of the recipes you cook directly in the tin while others require you to use liners, with some you also use pie crusts and even crescent rolls. You have a wide variety of different recipes to choose from so you will never get bored using your muffin tins.

I really like how quick these recipes are to prepare, which had me turning to this book again and again for meals. They are also easy to serve and my family was happy to try the different dishes I whipped up. One of my favorites recipes in the book and one that my family loves are the "Stuffed Potato Cups" from chapter 6, "Potatoes, Rice, Pizza and Pasta. This recipe uses shredded hash browns as a base and regular sized muffin tins. Another great recipe that is a hit with kids are the "Mac and Cheese Cups," which uses whole wheat elbow macaroni and jumbo muffin tins.

The great thing about this book is how each regular and jumbo muffin cup makes one serving size so portion control comes easier to those who are watching their weight. The author Brette Sember also lists calories, fat and other nutritional information per serving for easy reference. This is one great cookbook that I won't be lending out to any friend, as I know for sure if I do, I won't be getting it back.

Summary:

Muffin Tins--They're Not Just for Muffins Anymore

There's nothing you can't make in a muffin tin-and we're not talking merely muffins. All you need is a muffin tin, paper liners, and this ingenious, one-ofa-kind cookbook, and you can whip up delicious dishes that are as easy to prepare and serve as they are good to eat.

From quick-serve appetizers and sides to gourmet entrees and desserts, you'll find an amazing variety of mouthwatering options for your dining pleasure,

- *Shrimp Cakes with Cilantro Lime Dipping Sauce
- *Egg Crescent Pockets
- *Deep-Dish Pizza Cups
- *Cornmeal-Crusted Mustard Chicken with Sweet Potato Coins
- *Duchess Potatoes
- *Zucchini, Corn, and Tomato Cups
- *Mini Ice-Cream Cakes

The best part (besides the tasty goodness!): It's fast, easy, mess-free, and provides built-in portion control. Kids will love to help you make them-like cupcakes, only better for your family!-and leftovers are as easy as popping the muffin-meal into the microwave.

It just doesn't get any better than The Muffin Tin Cookbook . . . your next memorable meal is just a muffin tin away!

Softcover: pages: 224 Published Date: April 15, 2012 Publisher: Adams Media Corporation

About the Author:



Brette Sember is a former attorney and author of over 35 books about topics



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To learn more about Brette visit her at brettesember.com. Brette also blogs about food at NoPotCooking.com and MarthaAndMe.net, and about divorce at SolveDivorce.com.

Purchase a Copy:

The Muffin Tin Cookbook: They're Not Just for Muffins is available for purchase online on amazon (Kindle), Barnes and Noble and at many fine book stores near you. Retail price \$11.99.

Win It:

Adams Media Corporation is allowing me the opportunity to giveaway one copy of The Muffin Tin Cookbook to one lucky reader of this blog. Retail Price \$11.99. See below to enter.

Mandatory Entry: Fill out the Google Form below. For Additional Entries be sure to scroll down past form. Additional Entries must be left under the comments section.

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Cystex Cranberry and Cystex Plus Giveaway



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Giveaway ends Monday June 18, 2012 and is open to U.S. residents only. No PO boxes please. Winner will be chosen via the random generator and will have 48 hours to get back to me before anther winner is chosen. Be sure to add autumnblues@live.com to your inbox as this is the only way you will be contacted should you win. Thank you.

I have not received any monetary <u>compensation</u> for this review. I have received a complimentary copy of The Muffin Tin Cookbook for review and any opinions expressed above are solely my own. A thank you goes out to Adams Media Corporation for allowing me the opportunity to review this title. This blog post is the sole property and copyright of @autumnbluesreviews. Please do not copy without my permission. Thank you.

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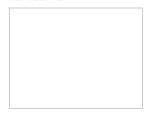
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Cindy May 30, 2012 9:25 PM

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Autumn

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Self representing reviewer, blogger and multi-medium artist.

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My inspiration behind this blog

I have a love of creating with my hands and the need to share this with others. This blog has a little bit of everything I do which includes making jewelry and selling supplies through my Artfire and Etsy shops. I love to do reviews/giveaways on heatlh and beauty, cooking, books, food, dog items plus much more. I am a mother of three children including one rescue dog Angie who works hard at reviewing doggie items. You will find a little of everything here. My designs will also be shared on this blog and the sweat and tears behind them. Hope you join me in this new adventure of mine.

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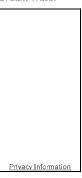
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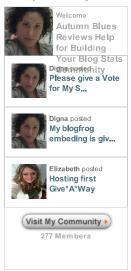




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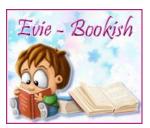
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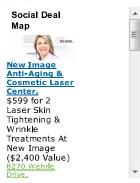


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