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Posted by [Rose](#) in [Book, Music & Movie Reviews](#)

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Mom- Do you know the muffin pan?

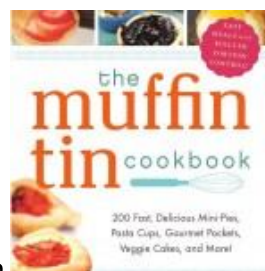
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Mom are you short on time, but still want to feed your family a home cooked meal? Consider making lasagna, meatloaf and more in muffin tins. Brette Sember has come up an entire cookbook devoted to recipes made in muffin tins: 200 things to be exact. Sember's Muffin Tin Cookbook may just be your new best friend.

I recently had the opportunity to review [The Muffin Tin Cookbook](#) – 200 Fast, Delicious Mini-Pies, Pasta Cups, Gourmet Pockets, Veggie Cakes, and More.

This is a must book that you will want to add to your recipe book collection. There's everything from quick-serve appetizers and sides to gourmet entrees, desserts, kid-friendly options and party food.



Some recipes require liners while others do not. Conveniently, each recipe also has a handy nutritional analysis listing calories, fat content as well as proteins, sugars and fiber. The recipes are easy to follow, and the ones I tried were delicious. Other

recipes on my list I want to try include squash Casserole, Twice Baked Stuffed Potatoes, Deep Dish Pizza Cups and Beef Shepherd's Pie.

As you can see, I plan on using the book a lot. I love the muffin pan idea and the great thing about muffin tins is the smaller portions. This is perfect for children or those trying to loose weight. Muffin tin cooking is easy to serve too. You can bring the whole tin to the table, or arrange the cups on a plate.

Think of The Muffin Tin Cookbook when you remember Mom this Mother's Day, or add it to your own cookbook collection.

Biography



Brette Sember is a former attorney and author of over 35 books about topics such as food (The Parchment Paper Cookbook, The Organized Kitchen, and The Muffin Tin Cookbook), parenting (How to Parent with Your Ex, Unmarried with Children), business (the Essential Supervisor's Handbook, Bad Apples: How to Manage Difficult Employees), credit (The Complete Credit Repair Kit), health (Plus-Size Pregnancy, The Practical Pregnancy Planner), seniors' right (The Complete Legal Guide to Senior Care, Seniors' Rights) and divorce (The Complete Divorce Handbook, The No-Fight Divorce Book, The Divorce Organizer & Planner). She is also co-author of several textbooks.

Her web site is www.BretteSember.com.

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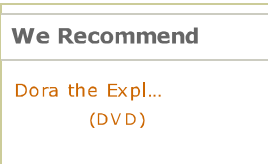
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