

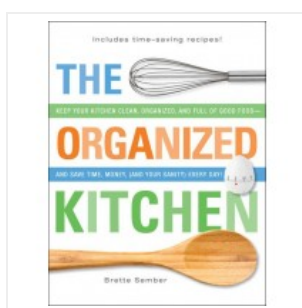
A Well-Seasoned Life



Life is too short to waste any time eating bland food. I'm cooking Southern comfort food seasoned with a sense of humor. Enjoy!

Monday, April 16, 2012

Review: "The Organized Kitchen"



The Organized Kitchen
by Brette Sember
Published by Adams Media

CHAOS = Can't Have Anyone Over Syndrome

I didn't know that the chaos I lived in was actually an acronym for the above. But, now that I've read it, I'll always associate my clutter with this chaos. And, one of my main sources of chaos is the kitchen. I needed help and have found some in Brette Sember's *The Organized Kitchen*.

This book is divided into three parts: Taking Ownership of the Kitchen, Getting Organized, and Cooking, Shopping, and Meal Planning. It also includes some simple, foolproof recipes that you can prepare after you get your kitchen organized.

The section of the book that interested me the most was "Pantry Principals". My kitchen and pantry are fairly small. The area that I call my pantry is actually a narrow cabinet with four shelves, four shelves that are packed and overflowing. I couldn't tell you what I have or don't have in there. It needs a good purge. Following Sember's advice should alleviate the problem. Here's some helpful hints that I plan to incorporate in my pantry re-organization:

- The easiest way to organize your pantry is to store like items with like. For example, keep pastas together, all baking supplies gathered in one place, etc.
- Consider putting labels on the front of your shelves so you know exactly where items should be put away and where to look for things you need.
- Organize by most-used: The most commonly used ingredients should go to the front and at eye level so there's no wasting time searching for what you need.
- Organize by meal packages: spaghetti noodles and sauce together or elbow macaroni, tuna fish, and cream of mushroom soup together.

The book also contains sections on organizing your refrigerator and freezer and helpful advice on keeping your kitchen clean and highly functional.

Finally, there are food safety tips, tips for organizing your recipes, advice for meal planning, a glossary of cooking terms, charts with measurement conversions and common ingredient substitutions. And, the last section of the book includes recipes that you can prepare quickly now that your kitchen is well-organized and the ingredients are at your fingertips.

If you're like me and you enjoy reading anything that is kitchen and cooking-related, you'll enjoy Sember's *The Organized Kitchen*. Even if you're the most organized person in the world, I'm sure you'll find some tidbit here that will make your life just a little bit easier.

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About Me



Kim McCallie

It's not that I'm an emotional eater; I'm just emotional about eating. A working mom of two young sons, I am an avid cookbook reader and collector. I've recently decided to follow my dream to become a food writer. Please follow me on my journey.

[View my complete profile](#)



Pick Your Plum

Disclaimer: The publisher provided me with a review copy, but the opinion expressed here is my own.

Posted by [Kim McCallie](#) at 7:49 PM

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Labels: [Reviews](#)

Reactions: [funny \(0\)](#) [interesting \(0\)](#) [yummy \(0\)](#)

3 comments:



Maureen @ Orgasmic Chef April 17, 2012 at 4:49 AM

Sounds like a book I need to buy :)

I love CHAOS LOL

[Reply](#)



Susan April 17, 2012 at 10:14 AM

Great suggestions!

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corner pantry cabinet April 25, 2012 at 4:21 AM

sounds nice! I want this book for my kitchen:)

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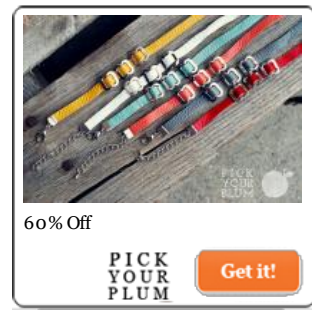
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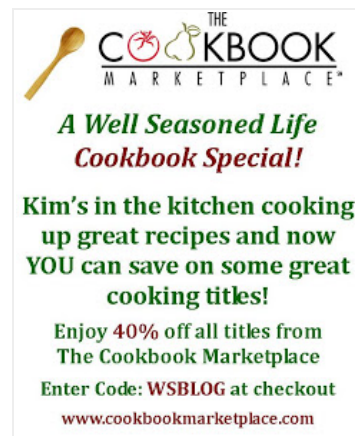


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When I first saw this recipe, I found it hard to believe that you could make bread from two ingredients. But, I decided to give it a try an...



Simple Supper: Sausage & Potatoes

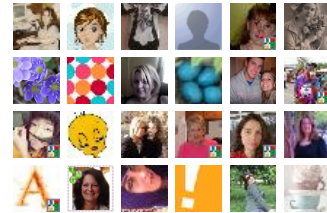
One day, years ago, I had an idea for a dish. Before that day, my husband and I had enjoyed this dish

simply prepared with potatoes and oni...

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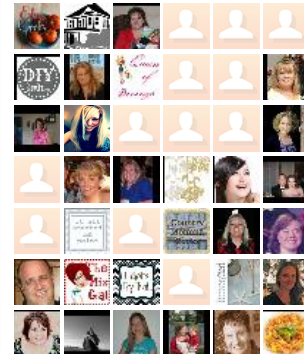


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A Well-Seasoned Life by Kim McCallie

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