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Turning the Clock Back

How did I get here and which way is back? I use to do alot of things...make my own yogurt, bake bread, do crafts. Then I had kids and the chaos took off from there. I'm trying to take a step back to a simpler and more natural life, to improve myself and (hopefully) the world around me.

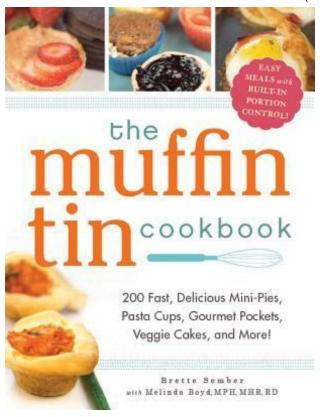


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The Muffin Tin Cookbook (book review)

July 6, 2012 by Diane · 4 Comments



Title: The Muffin Tin Cookbook

Subtitle: 200 Fast, Delicious Mini-Pies, Pasta Cups, Gourmet Pockets, Veggie Cakes, and More!

ISBN: 978-1440532160

Publisher: Adams Media; Original edition (April 15, 2012)

Author: Brette Sember (with Contributor: Melinda Boyd, MPH, MHR RD)

Pages/format: paperback 224 pages

My Rating: 4

From the Publisher:

There's nothing you can't make in a muffin tin—and we're not talking merely muffins. All you need is a muffin tin, paper liners, and this ingenious, one-of-a-kind cookbook, and you can whip up delicious dishes that are as easy to prepare and serve as they are good to eat.

From quick-serve appetizers and sides to gourmet entrees and desserts, you'll find an amazing variety of mouthwatering options for your dining pleasure, including:

- *Shrimp Cakes with Cilantro Lime Dipping Sauce
- *Egg Crescent Pockets
- *Deep-Dish Pizza Cups
- *Cornmeal-Crusted Mustard Chicken with Sweet Potato Coins
- *Duchess Potatoes
- *Zucchini, Corn, and Tomato Cups
- *Mini Ice-Cream Cakes

The best part (besides the tasty goodness!): It's fast, easy, mess-free, and provides built-in portion control. Kids will love to help you make them—like cupcakes, only better for your family!—and leftovers are as easy as popping the muffin-meal into the microwave.

It just doesn't get any better than *The Muffin Tin Cookbook* . . . your next memorable meal is just a muffin tin away! **About the Author (from Amazon):**

Brette Sember is a former attorney and author of over 35 books about topics such as food (The Parchment Paper Cookbook), The Organized Kitchen, and The Muffin Tin Cookbook), parenting (How to Parent with Your Ex, Unmarried with Children), business (the Essential Supervisor's Handbook, Bad Apples: How to Manage Difficult Employees), credit (The Complete Credit Repair Kit), health (Plus-Size Pregnancy, The Practical Pregnancy Planner), seniors' right (The Complete Legal Guide to Senior Care, Seniors' Rights) and divorce (The Complete Divorce Handbook, The No-Fight Divorce Book, The Divorce Organizer & Planner). She is also co-author of several textbooks.

Her web site is www.BretteSember.com. She blogs about food at www.NoPotCooking.com and www.MarthaAndMe.net, and about divorce at www.SolveDivorce.com.

My Review:

Up until recently I honestly would never have thought of making anything in a muffin tin accept muffins! My eyes have definitely been opened to the possibilities that muffin tins provide for quick and easy meals!

The book is laid out in a very simple format that makes it easy to browse through the recipe selection and find what you are looking for. There are chapters for appetizers, breakfast, seafood, vegetables, deserts, etc. I really like that the author chose to separate the main dish recipes into smaller chapters like beef, chicken, seafood, etc. If I don't have pork there is no reason for me to be browsing through recipes that include it.

There is a thorough introduction which discusses types of muffin tins, liners, and what to use as the 'crust' in your recipe. I appreciate that the author developed an icon system to let the reader know which size tin to use for each recipe and which ones are considered 'healthy'. There is also a nutritional analysis for each recipe as well so if you are watching your intake of fat or sodium you can choose accordingly.

The variety of recipes is pretty impressive. The author includes everything from granola bars and Shepherd's Pie to Edamame in Rice Paper Cups. There is a nice blend of both simple, kid friendly recipes and slightly more exotic, grown up recipes.

Overall, I think this is a really nice cookbook. If I could make one change I would add more pictures. I love cookbooks that have photos of what I am creating and while there are a few tucked into the middle there aren't many. But, the recipes themselves and the layout of the book are quite nice!



Disclaimer: In accordance with the Federal Trade Commission's <u>16 CFR, Part 255</u>: "Guides Concerning the Use of Endorsements and Testimonials.": I received one copy of this book in exchange for my honest review. I received no monetary compensation. All opinions expressed here are mine and mine alone. Some of the links in this post **may be** "affiliate links." This means if you click on the link and purchase the item, I will receive an affiliate commission. Regardless, I only recommend products or services I use personally and believe will add value to my readers.





ರ submit



Grace Hodgin says:

July 6, 2012 at 12:39 pm

I think I would like to try this cookbook but I agree with you that photos are really good especially for me as I like to see what the food is suppose to look like to compare it with my final product. Thanks for this review.

Reply 1

2. <u>Debi@ The Spring Mount 6 Pack</u> says:

July 7, 2012 at 2:05 am

I would love this cook book!

Reply



Simple layout is good for this Mom! I love the diversity of the recipes!

Reply



This is such a good idea! My son goes through phases where he is sometimes a picky eater, but anything in a muffin tin has to be good! lol.

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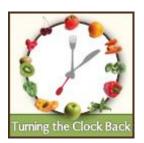




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