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Messages

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APPS

Games

[I only allow my child to eat unprocessed, homemade foods with ingredients harvested

This morning I baked gluten-free, nut-free agave fair trade oatmeal cookies

by workers paid at least U.S. minimum wage; I also believe sugar causes autism.]

for Thor's homeschooling group,

[Common Core is destroying education, and I have given up my job to provide my child with a comprehensive humanized education so he can save the world. Your child clearly isn't going to amount to anything.]

[Unlike you hopeless direction-followers, I actively adapt and mold recipes and see

there alone for my birthday last year.

which I adapted from a recipe

cooking as a creative and exciting process.] from the private cooking class I enjoyed with Ina Garten in Paris when I took myself

[Self-care is a priority in my life, and I have arranged my resources and schedule to

Davidus took the Prius to a meeting

[Because we are conscious of fossil fuel impact on the warming environment, we use

our environmentally conscious car sparingly and you are ruining the world for our future

optimize it and you need to question why you have not managed to do the same.]

adopted grandchildren with your minivan.]

so I biked Thor to the public library

via personal memoir.

[I exercise simply as a regular part of my life which is why I and my children are so perfectly healthy and you are a sloth, and I do not believe in owning things so we only borrow books instead of buying them.]

[Giving back is not optional, and we all must do our part, and I'm just letting you know I'm doing mine, so what's yours? Homelessness is an issue even in my privileged yet

where I do a workshop with homeless children about expressing their class concerns

aware community, so clearly it must also be an issue in yours. The world would be a better place if everyone just had the opportunity to express themselves.] We were thrilled to see the gently used computer desks that I arranged for my husband's company to donate to the library already in place.

[Reuse, renew, recycle is the way to protect our planet and I exerted my influence, okay my husband's influence, on his company to get them to make this donation because I

care. Although I prefer my children have limited screen time, I believe we need to

provide Internet access to people of all socioeconomic classes.] I listened to Tauk on the way home.

at the mother-daughter book club we belong to

[Did you know homelessness is my issue?]

When we got back, Artemis and her friends were home from the daughters-only day

[Ha! Made you Google it!]

The most important thing you can give your child is a love of reading, and this begins

at birth and continues through enforced mother-daughter book clubs featuring books

that explore topics involving race, feminism, classism, feminism, body image and

feminism.] and constructed prototype affordable dwellings for the homeless

[Children need to get dirty so that they will have healthy immune systems.]

out of the cardboard I had already recycled as a litter box liner

and now there are scraps of cardboard [Children are supposed to make messes, and I revel in controlling my neatnik tendencies

[Bamboo is sustainable, and the wood stain in your house is poisoning your children.

all over my eco-friendly stained bamboo hardwood floors.

to allow them to express their burgeoning creativity.]

They ran out of unbleached hemp twine

so I had to stop sowing the heirloom seeds

in our cold frame greenhouse

God help you if you have wall-to-wall carpeting which is clearly causing your child's allergies.]

[I believe in children using basic household items as toys because it stimulates creativity,

when little Vesuvius realized the shelters need anchors to withstand hurricanes,

which is the most important skill your child needs to become successful.]

[I have made sure my children's friends understand the climate-induced dangers that people in developing countries face and have suggested we work as a team of humanity to look for solutions in our creative play sessions.]

[I say N-O to anything GMO because I am protecting my children's development while clearly you are willing to allow your child to ingest food altered in a lab.]

[Everyone needs to take responsibility for their own food sources because American

and bike down to the consignment store to get some more twine for them, but they

were out and I saw this as a teachable moment and opportunity to say no.

[Unlike you, I concentrate on creating limits for my children. I want them to know they can't have everything they want and that I am their parent, not their friend.]

[Puppy mills, particularly those run by the Amish, are a source of torture, despair and darkness in our world, and I don't care where you got your dog, if it's not a rescue, you

When I got home, I fed our rescue dog, Lenin,

are clearly in favor of puppy mills]

farmers are being pushed out of business by big agro.]

and suddenly missed my mentor, Augustina, [People as intelligent and accomplished as myself are part of a circle of women who

hold each other up. Your lack of success is explained by your failure to engage within

who died unexpectedly of breast cancer last year after months at a yoga-cancer retreat center.

a massage with essential oils. #blessed #gratitute

Brette Sember @brettesember

blogs at www.PuttingItAllOnTheTable.com.

More about Brette Sember

[The medical establishment has marginalized women's health care and does not provide comprehensive mind-body care for the illnesses plaguing us, which we all know are caused by preventable environmental factors.]

Davidus came home and immediately cleared up the cardboard detritus and gave me

Just when I was at my lowest point,

[My marriage is perfect and yours actually sucks. Oh, and my life is pretty damn awesome compared to yours. See if you can top this post now.]

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[l am vulnerable.]

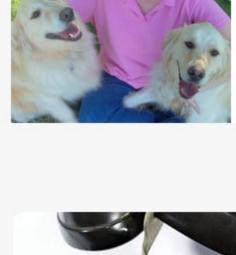
the correct circle.]

Born in the '70s? You're probably in the messy middle. [1] Like

## About the Writer

Brette Sember is the author of more than 40 books. Her website is www.BretteSember.com and she

Born in the '70s? You're probably in the messy middle.



by Will Maclean

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