

Your Practical Pregnancy Planner

A Month-by-Month Guide to All Financial and Legal Aspects of Preparing for Your Baby

Brette McWhorter Sember

"Finally, a book to help ease expecting parents' minds about the legal and monetary details so they can focus on the most important thing: enjoying and loving their new little one."--Misty Bott, managing editor, ePregnancy Magazine

Pregnancy is a time of great changes, but there are many financial, legal and practical choices and considerations most parents aren't aware they should be thinking about at this time during their lives. **YOUR PRACTICAL PREGNANCY PLANNER** (July 2005; Paperback; \$14.95), by Brette McWhorter Sember, gives parents the helping hand they need to confront the decisions, choices, and responsibilities that having a baby brings into their lives.

Jam-packed with resources such as books, magazines, and web sites, this planner is the doorway to a wealth of information that parents might not otherwise find on their own. Included are:

- Legal Decisions such as wills, guardians, health care privacy, pregnancy discrimination, consenting to newborn testing, parental leave, breastfeeding laws, and understanding cord blood banking contracts.
- Financial Options such as college savings plans, creating pregnancy and parenthood budgets, health insurance, life insurance, and saving money on all of your purchases.
- Practical Considerations such as getting your home tested for environmental hazards, where to get free baby magazines, learning about choking hazards, how to find out about recalls, and how to evaluate doctors and midwives.
- And much more...

This complete guide from pre-conception to early parenthood takes readers by the hand and guides them through, what can be overwhelming, issues before them. Written in an appealing month-by-month format, **Your Practical Pregnancy Planner** is a book new parents will use through their pregnancy and beyond.

About the author:

Brette McWhorter Sember is a retired attorney and author of numerous other parenting books. Sember's work has appeared in publications such as *ePregnancy*, *Pregnancy*, *Child*, *American Baby*, and many more. She is the mother of two children and lives near Buffalo, New York. Her web site is www.BretteSember.com.

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