



Living with a Visitation Schedule After the Divorce

This book offers real-life solutions for dealing with the day-to-day issues that can derail a visitation plan. It is designed in a "flip" format: one-half is for parents with custody of the children and the other half is for non-custodial parents. (There is a movement to change the way we refer to these situations, since "custody" has negative overtones; however, the author uses these currently common terms.)

The author, who is both a lawyer and mediator, created the book to help parents solve problems that often now send them back to family court. She helps parents focus on the true purpose of visitation: giving a child a life with two parents. She carefully refers to "the other parent" rather than to an "ex-spouse" to reinforce this way of thinking.

Since the problems concerning living with visitation are universal, parents in both the U.S. and Canada will find the book useful. Separate appendices contain resources (books, Web sites and organizations) for Canadian parents.

Topics covered include:

- dealing with holidays
- making visitation a part of your life
- talking to the other parent
- dealing with long distance parenting
- changes in visitation as children age
- communication with your child
- thinking of things to do during visitation

Available through bookstores or from Sourcebooks.

Tel.: 1-800-432-7444; Fax: (630) 961-2168
Web site: www.sourcebooks.com
Cost: \$30.95

UPCOMING EVENTS

February 21-22, 2003 - "FAS and other drug-related effects: Doing what works." Also, pre-conference workshops. Vancouver, BC. Contact Interprofessional Continuing Education, University of British Columbia.
Tel.: (604) 688-7711; www.interprofessional.ubc.ca

April 10-12, 2003 - "Children's Pathways to Learning," National Conference of the Canadian Association of Young Children. Vancouver, BC.
E-mail: pebreen@shaw.ca; www.cayc.ca

May 23-27, 2003 - "Family Life: It's everybody's business," North American Conference on the Family, organized by several partners including *Carrefour*

Source of Funds for School-Aged Programs

Clarica Life Insurance Company is inviting Canadian charities to submit innovative proposals to their **Contribution to Canada's Children** program. Proposals should focus on promoting equal access for children aged six to 18 years to developmental opportunities related to education, sports and recreation, the arts, technology, healthy living, and relationship-building. In 2002, the program distributed approximately \$1.4 million to 36 programs across the country.

Donor scale must be submitted