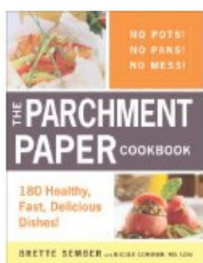


I'm Cooker

Wednesday, 28 September 2011

The Parchment Paper Cookbook: 150 Healthy, Fast, Delicious Dishes the Whole Family Will Love! (Paperback)



The Parchment Paper Cookbook: 150 Healthy, Fast, Delicious Dishes the Whole Family Will Love! (Paperback)

By Brette Sember

Buy new: \$12.21

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Review & Description

What if readers could whip up healthy, mouthwatering meals that their family loved - without making a mess? Well, it's as easy as parchment paper. Cooking in parchment paper is akin to cooking in foil - if foil were French, fast, and environmentally friendly. In "The Parchment Paper Cookbook", award-winning author and food writer Brette Sember shows readers how parchment paper cooking can revolutionise the way they cook - and save them time and money, not to mention the grief that often accompanies dinnertime. With simple instructions on the art of parchment paper folding and preparation, readers will fold their way to their family's hearts with such nutritious, delicious offerings as: Swedish Meatballs; Thai Chicken with Lemongrass and Coconut Rice; Stuffed Flank Steak; Scallops Coquilles; Lamb and Yogurt Wraps; Artichoke Pizza; Portobellos with Goat Cheese and Spinach; Quick Baclava; and, Peach Pie Turnovers. [Read more](#)

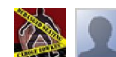
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