

# FRISCO KIDS

YOUR GUIDE TO KID-FRIENDLY EVENTS AND TRIPS AROUND THE SAN FRANCISCO BAY AREA...AND BEYOND

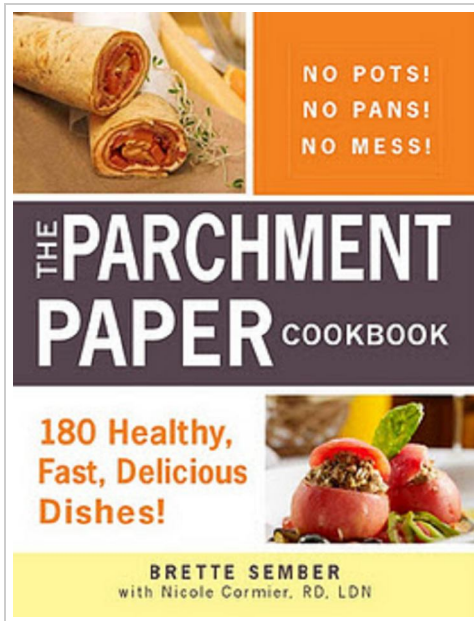
TUESDAY, NOVEMBER 8, 2011

## Guest Post: Cooking S'Mores in Parchment - Brette Sember

Today we're bringing you a guest post from Brette Sember, author of the just-published [Parchment Paper Cookbook](#). We asked her to write about cooking with kids. Here's what she said:

I've always said that if you cooked with your mom (or grandma) as a kid then you are much more likely to not only know how to cook as an adult, but to enjoy cooking. My kids (19 and 13) have always been present in my kitchen, as I was in my mom's and grandmas'. Cooking is something that brings you closer. Somehow it's so much easier to get your kids talking while they're working with their hands than it is to sit them down and ply them with questions.

Parchment paper cooking is perfect for kids because it's very hands on and is simple, healthy, and minimizes any clean up! All the food is cooked in one parchment paper packet, sealing in flavor and



All Tutors



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nutrients, while reducing the amount of fat needed to cook. And the best part is, there are no pots and pans to scrub when you're done. Cooking in parchment is like stacking blocks. You just keep adding the ingredients on top of each other, then you seal up the packet (see [instructions here](#)) and bake in the oven.

This recipe for **S'mores**, made in parchment paper is perfect for a little taste of campfire fun during the long winter months. It's so easy, even the youngest of kids can put it together.

1 crepe (I find these pre-made in my produce section)  
 ½ of a standard candy aisle 1.55 oz milk chocolate candy bar, broken into pieces  
 ¼ cup mini marshmallows  
 ¼ of a graham cracker, crumbled (either by hand, or let your kids put it in a zip top bag and pound on it)

Preheat oven (or toaster oven) to 400 degrees. Place the crepe on the parchment. Line up the chocolate along one side. Add the marshmallows and graham crackers crumbs. Roll up the crepe. Fold the parchment. Bake for 5 minutes. Dust with powdered sugar before serving.



Brette Sember is the author of [The Parchment Paper Cookbook](#), published by Adams Media. She blogs about parchment paper cooking at [www.NoPotCooking.com](http://www.NoPotCooking.com). She also writes the popular food blog [www.MarthaAndMe.net](http://www.MarthaAndMe.net). She is also the author of the upcoming titles [The Organized Kitchen](#) and [The Muffin Tin Cook Book](#) from Adams Media. Sember is a former attorney and author of more than 35 other books, including [How to Parent with Your Ex](#), [The Complete Credit Repair Kit](#), [The Divorce Organizer & Planner](#), and [The Complete Divorce Handbook](#). She is a member of the International Association of Culinary Professionals. She lives in Buffalo, NY with her husband, two children, and two golden retrievers. Her web site is [www.BretteSember.com](http://www.BretteSember.com) and you can follow her on Twitter [@brettesember](#).

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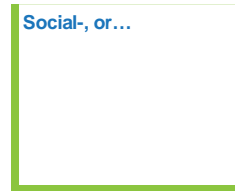


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### Fun Things to Do in Bay Area This Summer

Look for ideas on what to do with the kids this summer? Here are 25 ideas. 1. Do you like the cartoon Peanuts? Then visit "Schultz's Beet...



### Easy Race Car Track Boys' Birthday Cake

This was our third year with a car themed birthday cake. The first year, I made a Cars movie cake . The second year, a race car track made ...



### Easy Birthday Cakes for Girls: Flower cupcakes and Princess Castle Cake

Now if you've read my post on boys' cars cakes , you'll know I'm not much of a baker. But I do have that naive sense that I can do anyth...



### Craft: Edible Sukkah

The high holidays are over and now it's time to eat in the hut, during Sukkot . For those of you who don't know what a sukkah is, it's the ...








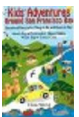

### Bakugan Birthday Cake


When my son saw a picture of this Bakugan cake, he said "Awwwwwwwesome!" And then he had to know how it was made. This cake is part of

a ...

FRISCO KIDS RECOMMENDS

**San Francisco Kid-...**

	<p><a href="#">Frommer's San Francisco with ...</a>                  Noelle Salmi (Pap...)  <b>\$12.81</b></p>
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	<p><a href="#">City Walks with Kids: San Fran...</a>                  Leslie Crawford, S...  <b>\$11.21</b></p>
	<p><a href="#">This is San Francisco [A C...</a>                  Miroslav Sasek (...)  <b>\$12.21</b></p>
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- [Coming Up: San Francisco Symphony Holiday Concerts...](#)
- [Book Club: Bossypants, With Friends Like These, Pi...](#)
- [Guest Post: Cooking S'Mores in Parchment - Brette ...](#)
- [Coming Up: Lowes Build a Science Lab](#)
- [Deals of the Day: Seussical, Bike Tune-Up, Persona...](#)
- [Coming Up: Lemony Snicket and Chris Van Allsburg -...](#)
- [Coming Up: Free Thanksgiving Cooking Class \(and Me...](#)
- [Coming Up: Gingerbread Building Activities](#)
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- [Coming Up: Orientation for Financial Program for S...](#)
- [Get 'Yer Tickets: Seussical](#)
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**BAY AREA MUSEUMS/ATTRACTIONS**

Aquarium of the Bay

Asian Art Museum

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California Academy of Sciences

Cartoon Art Museum

Children's Discovery Museum of San  
Jose

Children's Fairyland

CuriOdyssey (formerly Coyote  
Point)

De Young Museum

Exploratorium

Hiller Aviation Museum

Kids Top 10 Fun List

Lawrence Hall of Science

Legion of Honor

Monterey Bay Aquarium

Museum of Crafts &amp; Folk Art

Oakland Zoo

Palo Alto Junior Museum

Randall Museum

Rosicrucian Egyptian Museum

San Francisco Botanical Garden

San Francisco Museum of Modern  
Art

San Francisco Zoo

The Tech Museum of Innovation

[Walt Disney Family Museum](#)

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[Field Trips with Sue \(Atlanta\)](#)

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**Pitstops for Kids**

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**Travel & Adventure in  
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**Traveling Mamas**

**Tripping with Kids**

**Two and a Half Travelers**

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TRAVEL WEBSITES

Ciao Bambino

Family Vacation Advisor

Oyster Hotel Reviews

PlayPlanIt

Raveable

See Jane Fly

Tahoe Kids Guide

Trekaroo

We Just Got Back

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BAY AREA MOTHER'S GROUPS

Burlingame Mother's Club

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Golden Gate Mother's Group

Las Madres

Mothers of Brisbane

Palo Alto/Menlo Park Mother's Club

San Bruno Mother's Club

San Carlos/Belmont Mother's Club

San Francisco Mothers of Twins  
Club

San Mateo Mother's Club

SF Bay Area Mother's Group - link  
by county

SF Bay Area Mother's Group list

South San Francisco Mother's Club

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**Cake Wrecks**

enough is enough!

Kitchen Fun With My 3 Sons

Mommy Track'd - Managing the Chaos of Modern Motherhood

Suddenly Frugal

Tech for Luddites

The Meanest Mom

Work from Within



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